

Devotional Study Form

Date:	Passage: James 1
1. Prayer: ask God to open your eyes and ears to spiritual truth.	
2. Meditation	
3. Application	
4. Memorization: Nehemiah 1:4 <i>I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.</i>	

Date:	Passage: James 3
1. Prayer: ask God to open your eyes and ears to spiritual truth.	
2. Meditation	
3. Application	
4. Memorization: Nehemiah 1:4 <i>I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.</i>	

Devotional Study Form

Date:	Passage: James 4
1. Prayer: ask God to open your eyes and ears to spiritual truth.	
2. Meditation	
3. Application	
4. Memorization: Nehemiah 1:4 <i>I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.</i>	

<p>Complete the following Fasting Log:</p> <p>I abstained from the following food/drink items:</p> <p>I completed a 24-hr. fast on _____.</p> <p>The main issue I was grieving was</p> <p>___ A personal area of besetting sin in my life.</p> <p>___ The spiritual condition of those close to me.</p> <p>___ The spiritual condition of those who profess Christ.</p> <p>___ The spiritual condition of our American society.</p> <p>___ The protection of God's people.</p> <p>___ The building up in the church through strong leaders.</p> <p>___ The sending out of those appointed by God.</p> <p>___ Other. (explain)</p> <p>"I realize that fasting is not a meritorious work by which I twist the arm of God to do for me what I am fasting and praying for. Rather it is the act of humbling my heart before God in grief for the things that grieve Him."</p> <p>My signature _____</p>

Devotional Study Form

Date:	Passage:
1. Prayer: ask God to open your eyes and ears to spiritual truth.	
2. Meditation	
3. Application	
4. Memorization: Nehemiah 1:4 <i>I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.</i>	

Date:	Passage:
1. Prayer: ask God to open your eyes and ears to spiritual truth.	
2. Meditation	
3. Application	
4. Memorization: Nehemiah 1:4 <i>I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.</i>	

Devotional Study Form

Date:	Passage:
1. Prayer: ask God to open your eyes and ears to spiritual truth.	
2. Meditation	
3. Application	
4. Memorization: Nehemiah 1:4 <i>I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.</i>	

<p>Complete the following Fasting Log:</p> <p>I abstained from the following food/drink items:</p> <p>I completed a 24-hr. fast on _____.</p> <p>The main issue I was grieving was</p> <ul style="list-style-type: none">___ A personal area of besetting sin in my life.___ The spiritual condition of those close to me.___ The spiritual condition of those who profess Christ.___ The spiritual condition of our American society.___ The protection of God's people.___ The building up in the church through strong leaders.___ The sending out of those appointed by God.___ Other. (explain) <p>"I realize that fasting is not a meritorious work by which I twist the arm of God to do for me what I am fasting and praying for. Rather it is the act of humbling my heart before God in grief for the things that grieve Him."</p> <p>My signature _____</p>
